

'16-'17 National Board Mid Year Updates

Mental Health Co-Director



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Rush Medical College

- What we've done
 - Organized monthly wellness challenges #apamsamhi
 - Started moving mental health work onto APAMSA's webpage
 - Got >500 responses to the mental health survey!
- What we are going to do
 - Not much over the next 2-3 months...we're both in dedicated STEP time!
- No questions cause we aren't here D:
 - Email us mentalhealth@apamsa.org